

Dear parents/carers of Year 6 pupils,

19th June 2020

Sex and Relationships Education

Despite the current situation regarding COVID 19, at Branfil we recognise the importance of providing Sex and Relationships Education to our year 6 children as part of their preparation for attending secondary school.

At Branfil we subscribe to the resource 'Growing up with Yasmine and Tom'. Growing up with Yasmine and Tom is an online resource we access via an annual subscription to deliver high-quality sex and relationships education (SRE) as part of our personal, social and health education (PSHE) programme. The Department for Education recognises the need for SRE at all key stages and encourages schools to develop their own lesson content with support from expert sources. Growing Up with Yasmine and Tom was developed with this in mind. It includes age-appropriate lesson plans and fun, interactive whiteboard activities designed to meet curriculum requirements for children aged 5–11 (Years 1-6). Animation, sound and touch-screen activities bring the characters Yasmine and Tom to life, as they cover topics including **the body, feelings, relationships, family life and online safety**.

We plan to run these sex and relationship sessions for our children in school during the last two weeks of the summer term however, due to licensing issues, we are unable to make the videos and interactive software available to children who are learning at home. We have however attached a list of the topics we will be covering. Some will be topics which were taught in year 5 and will be recapped, others are new topics for year 6. We would encourage parents/carers who are supporting home learning to discuss these topics with your children in order for them not to miss out on the opportunity to ask questions and be well informed alongside their peers. **If you would like any additional support with how best to deliver this then please get in touch via the year group email: year6@branfil.havering.sch.uk.**

If your child will be attending school during the last two weeks of the summer term and you would like to have the opportunity to view any of the Yasmine and Tom materials we will be using in advance, **please contact the year 6 team via the year group email by Friday 26th June in order for them to facilitate this.**

As parents/carers you have the right to withdraw your child from the non-statutory/non-science components of SRE. **Requests for withdrawal should be sent to the class teacher via the year 6 email.** The class teacher will discuss the request with you.

Yours sincerely

The Year 6 Team

Growing up with Yasmine and Tom Year 5 Topics which will be recapped:

My body: Puberty
My body: Periods
My body: Wet dreams
Keeping safe: Assertiveness, saying no
Keeping safe: Good and bad touch
Keeping safe: People who can help me
Feelings: How easy is it to talk about...
Feelings: Talking to people about how we feel
Relationships: Trust
Relationships: Peer pressure
Online technology safety: Social networking and sending pictures
Online technology safety: Cyberbullying
Gender stereotypes: Sexual orientation
Gender stereotypes: Discrimination and equal opportunities



Growing up with Yasmine and Tom Year 6 Topics which will be taught:

Life cycles: How babies are made – sexual intercourse
Life cycles: How babies are made – assisted fertility
Life cycles - Multiple births
Life cycles – How babies are born