

9th March 2022

Dear Parents/Carers,

Skip-Hop Skipping workshop day for Reception and Year 1 children

This year the children have been working hard in their outside time and their P.E. lessons to develop their skipping skills. As part of their development and enjoyment we have arranged for Skip-Hop to come into school on Friday 1st April to run workshops for the children.

The workshops are designed to get children started with the basic skills needed to skip. The sessions will provide tips and ideas to help build children's confidence to run into a turning rope and develop a sense of rhythm to help feel exactly when to run, jump and move. The children will have the chance to learn individual and partner skills, Double Dutch and traditional long rope games. It will be a very enjoyable and exciting day!

Please ensure that your child attends school in P.E. uniform (if in year 1) or their normal Reception uniform (if in Reception) and with suitable trainers on.

To help finance the visit we would ask for a donation of £2.15 per child. Payment can be made online by ParentPay (www.parentpay.com); unfortunately if insufficient funds are received then we will be unable to host this workshop.

Yours sincerely,

The Reception and Year 1 teams